thriving WORKPLACES



Awareness Day Calendar 2022



VEGANUARY

DRY JANUARY®

JANUARY IS LOVE YOUR LIVER AWARENESS MONTH

JANUARY

JANUARY

WEEK 01

SATURDAY 01	SUNDAY 02

JANUARY

WEEK 02

MONDAY 03



TUESDAY 04



WEDNESDAY 05

THURSDAY 06

FRIDAY 07

SATURDAY 08

SUNDAY 09

WEEKLY CAMPAIGNS

JANUARY

WEEK 03

MONDAY 10	TUESDAY 11	WEDNESDAY 12	THURSDAY 13

FRIDAY 14	SATURDAY 15	SUNDAY 16	WEEKLY CAMPAIGNS
			

JANUARY

WEEK 04

MONDAY 17	TUESDAY 18	WEDNESDAY 19	THURSDAY 20
brew monday SAMARITANS			

FRIDAY 21	SATURDAY 22	SUNDAY 23	WEEKLY CAMPAIGNS
			BIG ENERGY SAVING WEEK...
			CERVICAL CANCER PREVENTION WEEK

JANUARY

WEEK 05

MONDAY 24



TUESDAY 25

WEDNESDAY 26

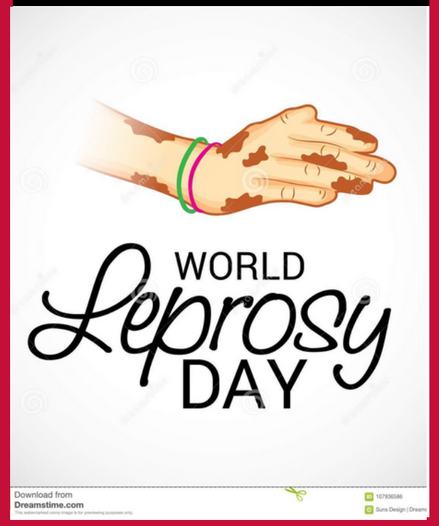
THURSDAY 27

HOLOCAUST MEMORIAL DAY 27/1

FRIDAY 28

SATURDAY 29

SUNDAY 30



WEEKLY CAMPAIGNS

WEEK 06

JANUARY

MONDAY 31

FEBRUARY

LGBT History Month

NATIONAL HEART MONTH



Raise Your Hands and unite for Raynaud's Awareness Month

FEBRUARY

WEEK 01

TUESDAY 01

DIGNITY ACTION DAY



WEDNESDAY 02

THURSDAY 03

time to talk day

FRIDAY 04



SATURDAY 05

SUNDAY 06

WEEKLY CAMPAIGNS



FEBRUARY

WEEK 02

MONDAY 07	TUESDAY 08	WEDNESDAY 09	THURSDAY 10
	Safer Internet Day		

FRIDAY 11	SATURDAY 12	SUNDAY 13	WEEKLY CAMPAIGNS
			SEXUAL ABUSE & SEXUAL VIOLENCE AWARENESS WEEK 2022 Apprenticeships National Apprenticeship Week 2022

FEBRUARY

WEEK 03

MONDAY 14

#EPILEPSYDAY

TUESDAY 15

WEDNESDAY 16

THURSDAY 17

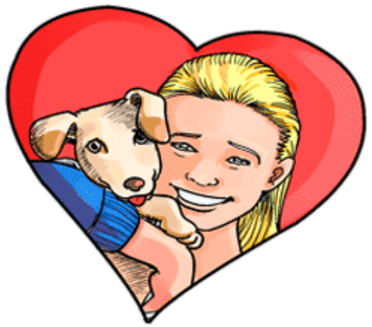
random acts of kindness day

february 17th

FRIDAY 18

SATURDAY 19

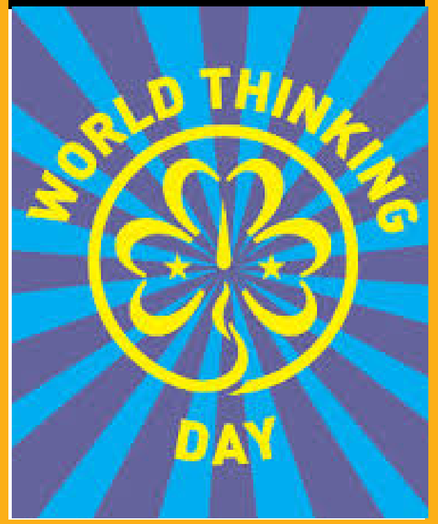
SUNDAY 20



WEEKLY CAMPAIGNS

FEBRUARY

WEEK 04

MONDAY 21	TUESDAY 22	WEDNESDAY 23	THURSDAY 24
			

FRIDAY 25	SATURDAY 26	SUNDAY 27	WEEKLY CAMPAIGNS

FEBRUARY

WEEK 05

MONDAY 28

RARE DISEASE DAY®

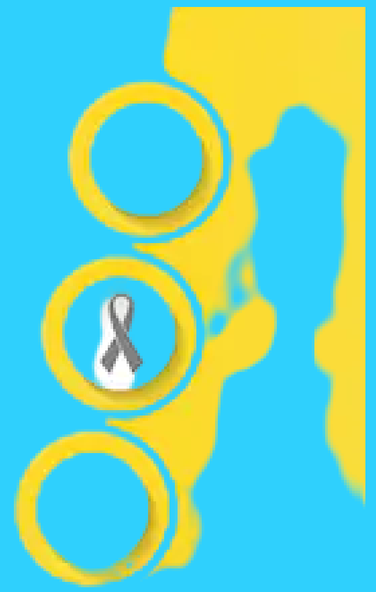
WEEKLY CAMPAIGNS

Eating Disorders Awareness Week



MARCH

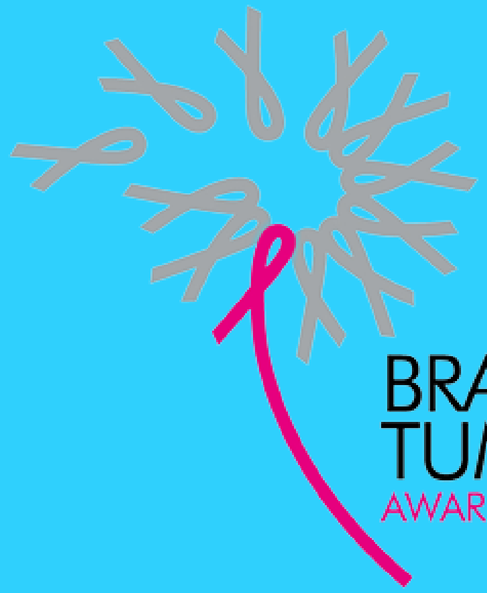
MARCH IS
Endometriosis
Awareness Month





Walk All
Over Cancer

CANCER
RESEARCH
UK



BRAIN
TUMOUR
AWARENESS MONTH

MARCH

WEEK 01

TUESDAY 01



WEDNESDAY 02

THURSDAY 03



WORLD BOOK DAY

FRIDAY 04



March 4: International HPV Awareness Day

SATURDAY 05

SUNDAY 06

MARCH

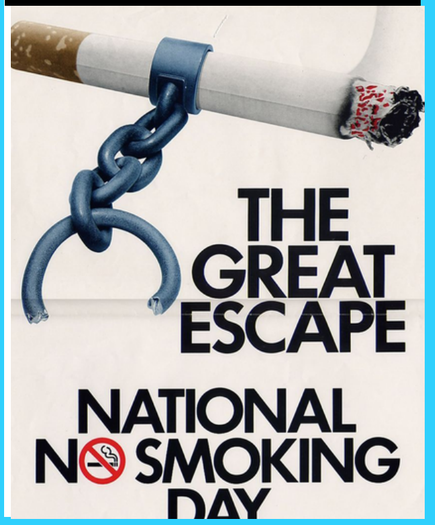
WEEK 02

MONDAY 07

TUESDAY 08

International Women's Day

WEDNESDAY 09



THURSDAY 10

World Kidney Day

FRIDAY 11

SATURDAY 12

SUNDAY 13

WEEKLY CAMPAIGNS

NO MORE

MARCH

WEEK 03

MONDAY 14

TUESDAY 15

WEDNESDAY 16

DISABLED ACCESS DAY

THURSDAY 17

FRIDAY 18

Global Recycling Day 18 • 03

World Sleep Day

COMIC RELIEF RED NOSE DAY

SATURDAY 19

SUNDAY 20

INTERNATIONAL DAY OF HAPPINESS

WEEKLY CAMPAIGNS

NEURODIVERSITY CELEBRATION WEEK

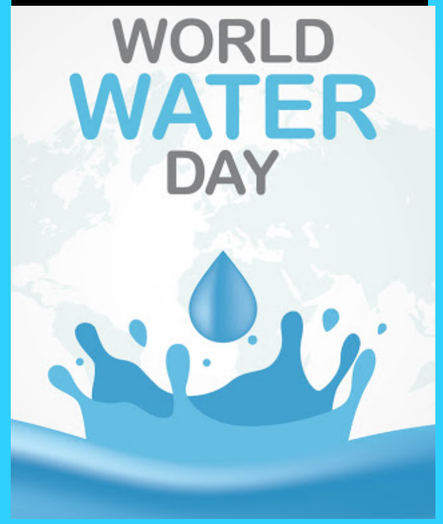
MARCH

WEEK 04

MONDAY 21



TUESDAY 22



WEDNESDAY 23



THURSDAY 24

FRIDAY 25



SATURDAY 26



SUNDAY 27

WEEKLY CAMPAIGNS

MARCH

WEEK 05

MONDAY 28	TUESDAY 29	WEDNESDAY 30
		

THURSDAY 31	WEEKLY CAMPAIGNS
	

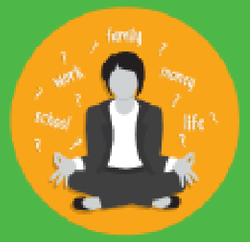
BOWEL CANCER AWARENESS MONTH

IBS
(Irritable Bowel Syndrome)
Awareness Month

#UNITE FOR PARKINSONS

APRIL

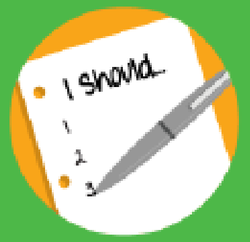
Stress Awareness Month



STOP



Relax Daily



Let Go of the "Shoulds"


Get Some ZZZs


Seek out Support

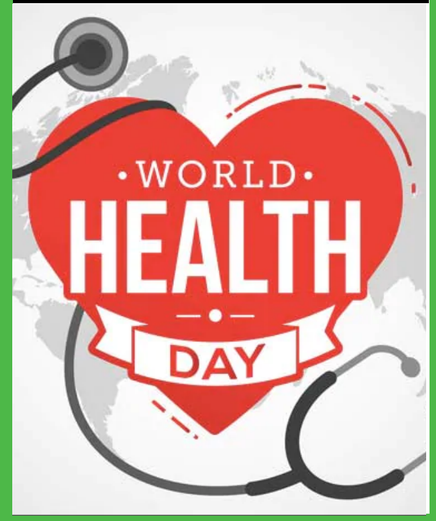
APRIL

WEEK 01

FRIDAY 01	SATURDAY 02	SUNDAY 03
WALK TO WORK DAY	World Autism Awareness Day	

APRIL

WEEK 02

MONDAY 04	TUESDAY 05	WEDNESDAY 06	THURSDAY 07
			

FRIDAY 08	SATURDAY 09	SUNDAY 10	WEEKLY CAMPAIGNS
			

APRIL

WEEK 03

MONDAY 11	TUESDAY 12	WEDNESDAY 13	THURSDAY 14
#UNITE FOR PARKINSONS			

FRIDAY 15	SATURDAY 16	SUNDAY 17	WEEKLY CAMPAIGNS
	WORLD VOICE DAY	WORLD HEMOPHILIA DAY	

APRIL

WEEK 04

MONDAY 18	TUESDAY 19	WEDNESDAY 20	THURSDAY 21

FRIDAY 22	SATURDAY 23	SUNDAY 24	WEEKLY CAMPAIGNS
			#MSWeek Let's raise awarene

APRIL

WEEK 05

MONDAY 25	TUESDAY 26	WEDNESDAY 27	THURSDAY 28
			

FRIDAY 29	SATURDAY 30	WEEKLY CAMPAIGNS
		

Action on Stroke Month

MAY

SKIN CANCER AWARENESS MONTH



#NATIONALWALKINGMONTH

WEEK 01

MAY

SUNDAY 01



MAY

WEEK 02

MONDAY 02

TUESDAY 03

WEDNESDAY 04

THURSDAY 05

World Maternal Mental Health Day

wmmhday.postpartum.net
#maternalMHmatters

FRIDAY 06

SATURDAY 07

SUNDAY 08



WEEKLY CAMPAIGNS

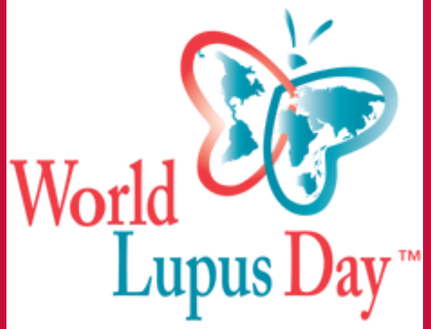


MAY

WEEK 03

MONDAY 09

TUESDAY 10



WEDNESDAY 11



THURSDAY 12



FRIDAY 13

SATURDAY 14

SUNDAY 15

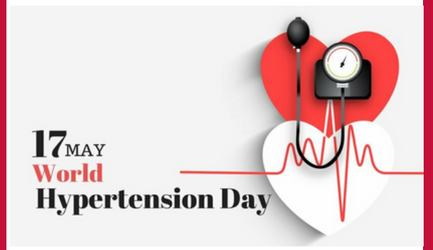


WEEKLY CAMPAIGNS



MAY

WEEK 04

MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19
			

FRIDAY 20	SATURDAY 21	SUNDAY 22	WEEKLY CAMPAIGNS
			Learning at Work Week Dementia Action Week Supported by Santander

MAY

WEEK 05

MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26

FRIDAY 27	SATURDAY 28	SUNDAY 29	WEEKLY CAMPAIGNS
	WORLD HUNGER DAY MAY 28		GO Paddling! WEEK

MAY

WEEK 06

MONDAY 30	TUESDAY 31
	



#BeProud

June is Pride Month

WEAR IT.
BEAT IT.

British Heart Foundation

JUNE

JUNE

WEEK 01

WEDNESDAY 01	THURSDAY 02	SATURDAY 03
		
SUNDAY 04	**FRIDAY 05**	**WEEKLY CAMPAIGNS**
	WORLD ENVIRONMENT DAY	

JUNE

WEEK 02

MONDAY 06



TUESDAY 07

WEDNESDAY 08



THURSDAY 09

FRIDAY 10

SATURDAY 11

SUNDAY 12

WEEKLY CAMPAIGNS

Carers Week™

JUNE

WEEK 03

MONDAY 13

TUESDAY 14



WEDNESDAY 15

THURSDAY 16



FRIDAY 17



SATURDAY 18



SUNDAY 19

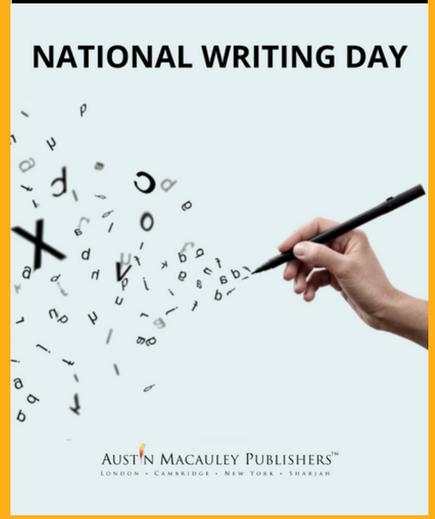
WEEKLY CAMPAIGNS

DIABETES UK
CARE. CONNECT. CAMPAIGN.

MEN'S HEALTH FORUM
MEN'S HEALTH WEEK

JUNE

WEEK 04

MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23
			

FRIDAY 24	SATURDAY 25	SUNDAY 26	WEEKLY CAMPAIGNS
			World Wellbeing Week

JUNE

WEEK 04

MONDAY 27



TUESDAY 28

WEDNESDAY 29

SUNDAY 30

WEEKLY CAMPAIGNS





TALK TO US

If things are getting to you

SARCOMA AWARENESS MONTH
JULY

PLASTIC FREE JULY®

JULY

JULY

WEEK 01

FRIDAY 01	SATURDAY 02	SUNDAY 03

JULY

WEEK 02

MONDAY 04	MONDAY 05	TUESDAY 06	WEDNESDAY 07

THURSDAY 08	FRIDAY 09	SATURDAY 10	WEEKLY CAMPAIGNS
	byte night	DON'T STEP ON A BEE DAY	GLADTOCARE

JULY

WEEK 03

MONDAY 11



TUESDAY 12



WEDNESDAY 13

THURSDAY 14

FRIDAY 15

WYSD
World Youth Skills Day

SATURDAY 16

SUNDAY 17

WEEKLY CAMPAIGNS



JULY

WEEK 04

MONDAY 18



TUESDAY 19

WEDNESDAY 20

THURSDAY 21

FRIDAY 22

SATURDAY 23

SUNDAY 24

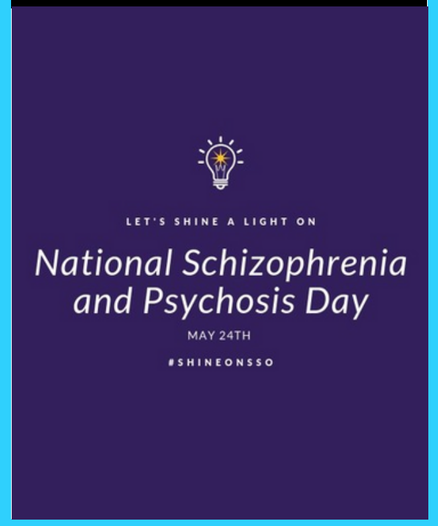


WEEKLY CAMPAIGNS

JULY

WEEK 05

MONDAY 25



TUESDAY 26

WEDNESDAY 27

THURSDAY 28



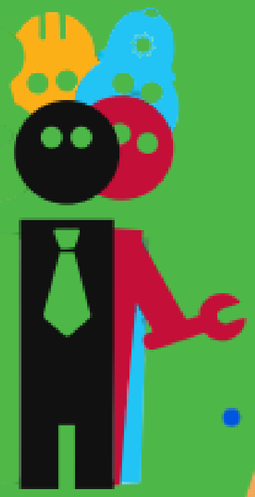
FRIDAY 29

SATURDAY 30



SUNDAY 31

WEEKLY CAMPAIGNS





PSORIASIS
awareness month

National
Road
Victim
Month

AUGUST

AUGUST

WEEK 01

MONDAY 01	TUESDAY 02	WEDNESDAY 03	THURSDAY 04

FRIDAY 05	SATURDAY 06	SUNDAY 07	WEEKLY CAMPAIGNS
CYCLE TO WORK DAY .ORG			SUPPORT BREASTFEEDING FOR A HEALTHIER PLANET A | WORLD BREASTFEEDING WEEK

AUGUST

WEEK 02

MONDAY 08

TUESDAY 09



WEDNESDAY 10

THURSDAY 11

FRIDAY 12



SATURDAY 13



SUNDAY 14

WEEKLY CAMPAIGNS



AUGUST

WEEK 03

MONDAY 15	TUESDAY 16	WEDNESDAY 17	THURSDAY 18

FRIDAY 19	SATURDAY 20	SUNDAY 21	WEEKLY CAMPAIGNS
 WORLD HUMANITARIAN DAY			

AUGUST

WEEK 04

MONDAY 22	TUESDAY 23	WEDNESDAY 24	THURSDAY 25

FRIDAY 26	SATURDAY 27	SUNDAY 28	WEEKLY CAMPAIGNS

AUGUST

WEEK 05

MONDAY 29	TUESDAY 30	WEDNESDAY 31
		





World Alzheimer's Month

SEPTEMBER

BLOOD CANCER AWARENESS MONTH SEPTEMBER IS

SOIL ASSOCIATION ORGANIC

ORGANIC YOUR SEPTEMBER

SEPTEMBER

WEEK 01

THURSDAY 01	FRIDAY 02	SATURDAY 03
		EveryWoman Day

SUNDAY 04	WEEKLY CAMPAIGNS

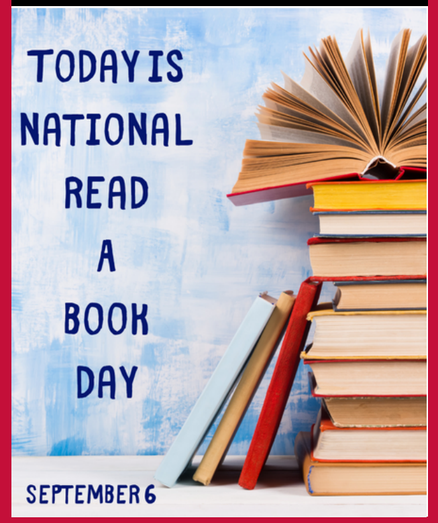
SEPTEMBER

WEEK 02

MONDAY 05



TUESDAY 06



WEDNESDAY 08

YOUTH MENTAL HEALTH DAY

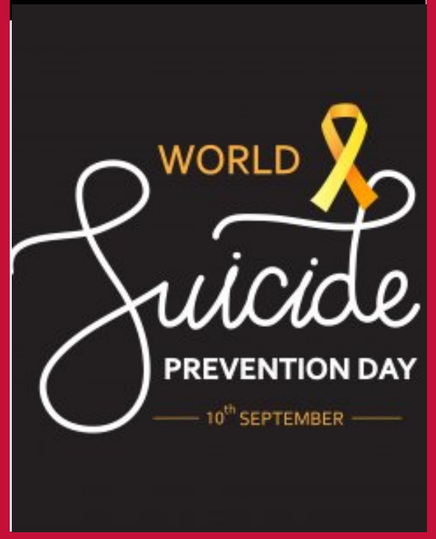
7th September

THURSDAY 08



FRIDAY 09

SATURDAY 10



SUNDAY 11

WEEKLY CAMPAIGNS

migraine awareness week

SEPTEMBER

WEEK 03

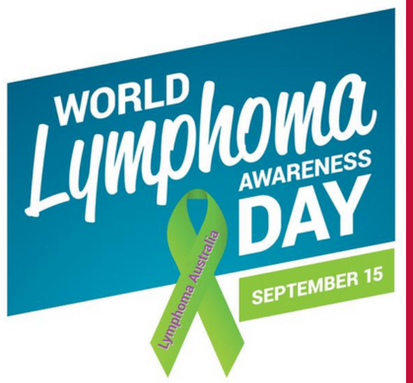
MONDAY 12

TUESDAY 13



WEDNESDAY 14

THURSDAY 15



FRIDAY 16



SATURDAY 17



SUNDAY 18

WEEKLY CAMPAIGNS

Sexual Health Week

SEPTEMBER

WEEK 04

MONDAY 19

TUESDAY 20

WEDNESDAY 21



THURSDAY 22



FRIDAY 23

SATURDAY 24



SUNDAY 25



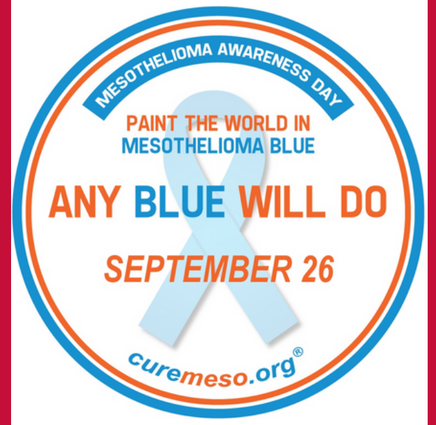
WEEKLY CAMPAIGNS



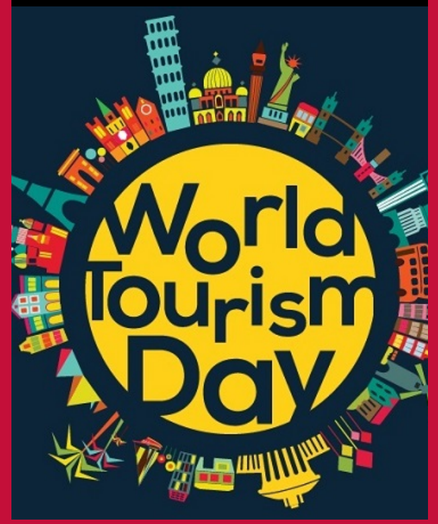
SEPTEMBER

WEEK 05

MONDAY 26



TUESDAY 27



WEDNESDAY 28

THURSDAY 29



FRIDAY 30



WEEKLY CAMPAIGNS





ADHD

AWARENESS MONTH

OCTOBER

OCTOBER

BREAST CANCER AWARENESS MONTH

BLACK HISTORY MONTH

OCTOBER

WEEK 01

SATURDAY 01	SUNDAY 02
	

OCTOBER

WEEK 02

MONDAY 03

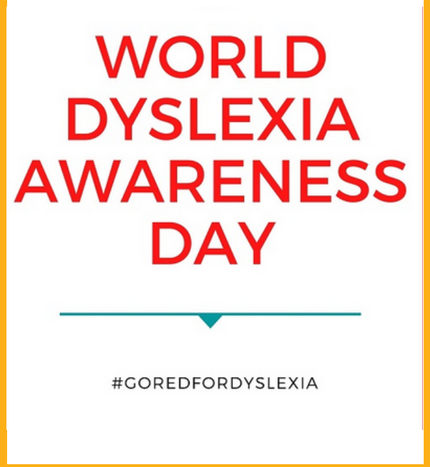
TUESDAY 04



WEDNESDAY 05

THURSDAY 06

FRIDAY 07



SATURDAY 08

SUNDAY 09

WEEKLY CAMPAIGNS

National Braille Week

⠠⠝⠁⠞⠊⠕⠝⠁⠇ ⠃⠗⠁⠊⠇⠇⠑ ⠺⠑⠑⠅

OCTOBER

WEEK 03

MONDAY 10



TUESDAY 11



WEDNESDAY 12



THURSDAY 13

FRIDAY 14

SATURDAY 15

SUNDAY 16

WEEKLY CAMPAIGNS

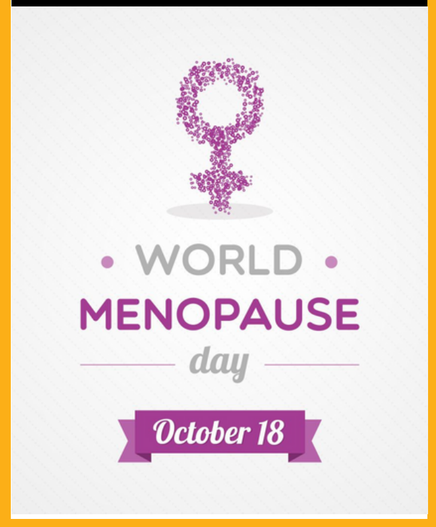
OCTOBER

WEEK 04

MONDAY 17

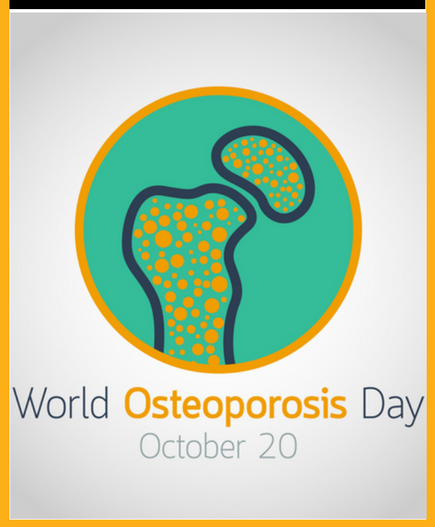


TUESDAY 18



WEDNESDAY 19

THURSDAY 20



FRIDAY 21

SATURDAY 22

SUNDAY 23



WEEKLY CAMPAIGNS

OCTOBER

WEEK 05

MONDAY 24	TUESDAY 25	WEDNESDAY 26	THURSDAY 27

FRIDAY 28	SATURDAY 29	SUNDAY 30	WEEKLY CAMPAIGNS
			

OCTOBER

WEEK 06

MONDAY 31







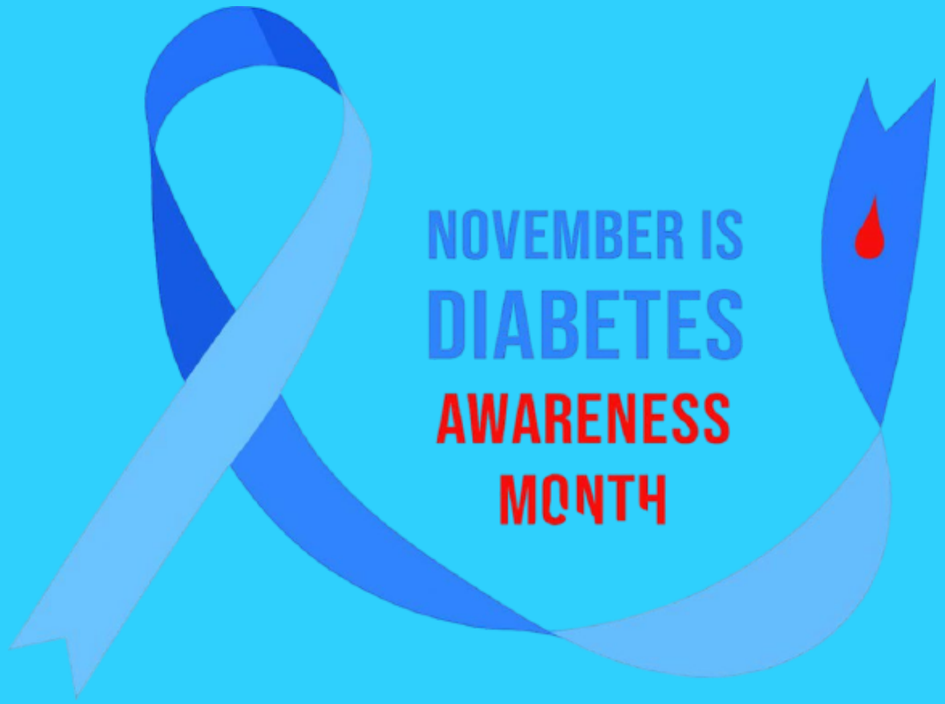
MOVEMBER®

NOVEMBER



LUNG CANCER

AWARENESS MONTH



NOVEMBER IS

DIABETES

AWARENESS

MONTH

NOVEMBER

WEEK 01

TUESDAY 01



WEDNESDAY 02

THURSDAY 03



FRIDAY 04

SATURDAY 05



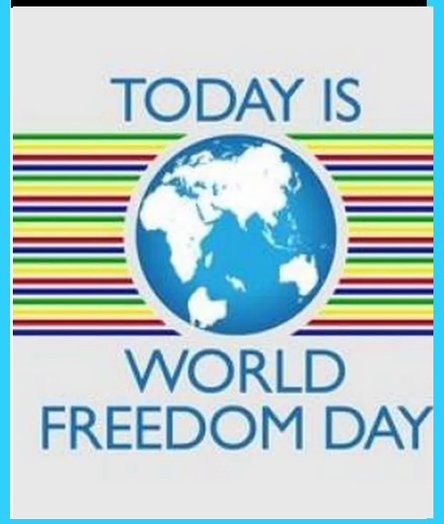
SUNDAY 06

WEEKLY CAMPAIGNS



NOVEMBER

WEEK 02

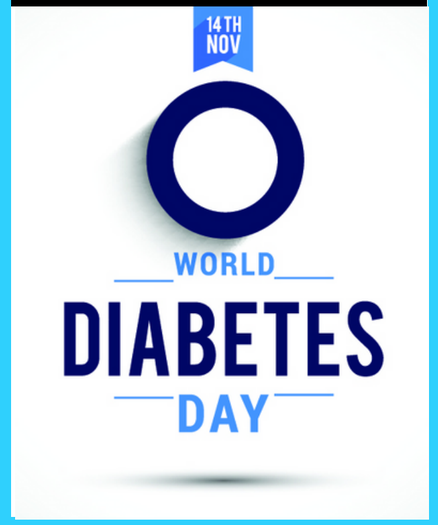
MONDAY 07	TUESDAY 08	WEDNESDAY 09	THURSDAY 10
			

FRIDAY 11	SATURDAY 12	SUNDAY 13	WEEKLY CAMPAIGNS
			talk money week

NOVEMBER

WEEK 03

MONDAY 14



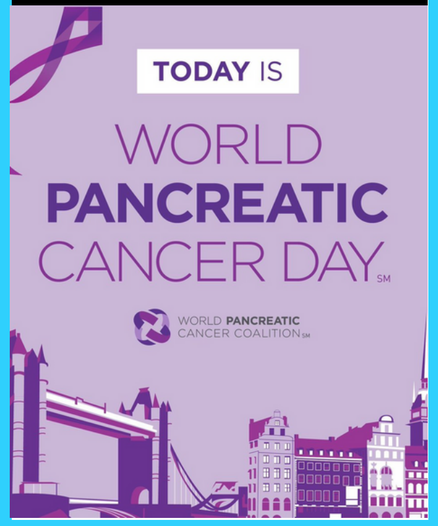
TUESDAY 15

WEDNESDAY 16



THURSDAY 17

FRIDAY 18



SATURDAY 19



SUNDAY 20



WEEKLY CAMPAIGNS



NOVEMBER

WEEK 04

MONDAY 21



TUESDAY 22

WEDNESDAY 23

THRSDAY 24

FRIDAY 25



SATURDAY 26

SUNDAY 27

WEEKLY CAMPAIGNS

NOVEMBER

WEEK 05

MONDAY 28	TUESDAY 29	WEDNESDAY 30



decembeard

Beat bowel cancer. Go on. Grow one.

DECEMBER

DECEMBER

WEEK 01

THURSDAY 01

FRIDAY 02

SATURDAY 03

International Day of Persons with Disabilities

SUNDAY 04

WEEKLY CAMPAIGNS



DECEMBER

WEEK 02

MONDAY 05



TUESDAY 06

WEDNESDAY 07

THURSDAY 08



FRIDAY 09

SATURDAY 10



SUNDAY 11

WEEKLY CAMPAIGNS

DECEMBER

WEEK 03

MONDAY 12	TUESDAY 13	WEDNESDAY 14	THURSDAY 15
National Workplace Day of Remembrance			

FRIDAY 16	SATURDAY 17	SUNDAY 18	WEEKLY CAMPAIGNS
		 Hanukkah	

DECEMBER

WEEK 04

MONDAY 19	TUESDAY 20	WEDNESDAY 21	THURSDAY 22
			

FRIDAY 23	SATURDAY 24	SUNDAY 25	WEEKLY CAMPAIGNS
			

DECEMBER

WEEK 05

MONDAY 26	TUESDAY 27	WEDNESDAY 28	THURSDAY 29

FRIDAY 31	SATURDAY 31	WEEKLY CAMPAIGNS
		